|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Montag** | **Dienstag** | **Mittwoch** | **Donnerstag** | **Freitag** | **Sonntag** |
| **Rehasport**  **09:30** | **Rehasport**  **09:00** | **Rehasport**  **09:00** | **Rehasport**  **08:30** | **Rehasport**  **09:00** | **Step**  **11:00** |
| **Rehasport**  **17:00** | **Bodymove**  **10:00** |  | **Working Women**  **09:30** |  |  |
| **Rückenfit**  **18:00** | **Workout**  **10:45** |  |  |  |  |
| **Indoor-Cycling**  **19:15** | **BBP**  **17:30** | **Rehasport**  **17:45** | **Yoga**  **17:30** |  |  |
|  | **Rehasport**  **18:15** | **Rehasport**  **18:45** | **Rehasport**  **18:45** |  |  |



**Kursplan**

**Digitaler Kursplan**